

# *Dolce Vita*

BEAUTY & SPA



# *Dolce Vita*

*Situated in an elegant and cosy ambience, Dolce Vita Spa offers many different rituals if you are looking for resting your body and soul in a sweet and muffled atmosphere.*

*We invite you to discover scented sensations, to awake your five senses, to transform a simple relax moment in an absolute well-being date.*

## **Private Spa Experience**

*In the privacy of our spa you can enjoy an engaging relaxing experience. Two hours of exclusive use of the Spa: Finnish sauna and steam bath, mineralized heated swimming pool with hydro-massage stations, all accompanied by a combination of sensory experiences to positively stimulate the senses, bringing them back into harmony.*

1 person 110,00 euros

2 persons 80,00 euros per person

3/4 persons 60,00 euros per person

5/6 persons 50,00 euros per person

# MASSAGES

## Anti-stress massage

*Slow and rhythmical hand movements with Relays oil for a deep body and mind relief.*

*The relaxing Relays oil, thanks to its formulation, calms down both mind and body. It soothes stressed skin while calming nerves.*

- 50 minutes - 80 €
- 80 minutes - 110,00 €

\*Prunus amygdalus dulcis oil, Citrus sinensis peel oil express, Lavandula angustifolia leaf oil, Ocinum basilicum herb oil, D-limonene, linalool, geraniol, citral, citronelol

## Deep Tissue Massage

*Intense massage with Dec oil to relieve pain and muscle tensions, thanks to the presence of chili pepper and Hypericum.*

*Different essential oils enrich the formula, guaranteeing a sense of relief during the whole massage.*

- 50 minutes - 110 €
- 80 minutes - 145 €

\*juniper, lavender, hypericum and capisco oils , nutmeg essential oils, sweet almond oil, Ylang-Ylang

## Draining Massage

*It is characterized by a sequence of gentle, slow, rhythmic movements that help to reduce water retention, guaranteeing a pleasant lightness feeling to your legs.*

*The Dren oil stimulates blood circulation and leaves the skin smooth and rejuvenated thanks to the presence of birch leaves and pure essential oils.*

- 50 minutes - 90 €
- 80 minutes - 120 €

\*juniper, lemon, myrtle, birch tree oil, lavender essential oils sweet almond oil, sage

## Toning Massage

*This massage, combined with a mixture of fine oils, has an important restructuring toning and stretching effect, especially on the skin that has been subject to tensile stress due to pregnancies or weight loss.*

- 50 minutes - 90 €
- 80 minutes - 120 €

\*Wheat germ oil, rice oil, rosehip oil, bois rose oil, vitamin E

## Feet Massage

*The unheard message of our feet...*

*This technique consists in stimulating with the inch all the points of the feet, which consequently correspond to our internal organs, reducing stress, improving circulation and facilitating the release of muscular tension.*

- 25 minutes - 60 €
- 50 minutes - 90 €

*A natural choice: for our treatments and massages we use only products with biocertificated formulations.*

## Hot Stone Massage

*It combines various manual massage techniques with the use of hot lava stones, bringing you to a state of deep relaxation. This treatment is highly effective in creating harmony and energy flow.*

- 50 minutes - Prezzo 110 €

*A journey around the world looking for a perfect harmony of mind, body and soul*

## EXPRESS MESSAGES

### Welcome Dolce Vita

*Massage focused on relaxing the back muscles. It gives immediate relief to all the contracted areas of the back.*

- 25 min. - 60 €

### Light Legs

*Specific draining massage in order to find light and regenerated legs.*

- 25 min. - 60 €

### Facial lymph drainage

*A massage to counter swellings and blemishes while restoring tone, shine and elasticity to the delicate skin of the face. Combines manual decongestants with the use of a mix of essential oils and plant extracts with a powerful synergistic action.*

- 25 min. - 60 €

*A relaxing break, focused on specific areas*

## BODY TREATMENTS

### Dolce Vita Soft

*Light and moisturizing, it combines a delicate exfoliation of the body with the soft movements of a regenerating massage with pure shea butter for a pleasant sensation of lightness and brightness.*

- 60 min. - 90€

## Exfoliating Treatment

*Scrub Salino Officinalis benefits circulation and thanks to its strong emollient power, leaves the skin of the body soft and velvety.*

- 30 min. - 65 €

## Detox Zone

*Specific for rebel areas, a treatment personally dedicated to each customer. A wrapping with natural thermal mud with purifying and stimulating properties followed by a personalized massage.*

- 90 min. - 120 €

\*Bardana, Betulla, Estratto di Guaranà, Limo del Mar Morto, Oli Essenziali di Ginepro e Arancio, Pulosella

*Personalized rituals will lead you to discover special relax moments of absolute well-being.*

# FACIAL TREATMENTS

## Essential Cleansing

*A treatment that turns facial cleansing into a wellness ritual for perfectly prepared skin. An essential step that respects the nature of each skin and perfects the results of the usual beauty rituals.*

- 50 min. - 90 €

# DR. BARBARA STURM

## MOLECULAR COSMETICS - FACIALS

### INSTANT GLOW FACIAL

*This revitalizing facial will cleanse, nourish and awaken the skin, and help restore the complexion's natural glow. Light-reflecting pigments in GLOW DROPS leave the skin with a visible, youthful radiance and even out the appearance of any irregularities on the complexion.*

THE SCIENCE | *Purslane provides rejuvenating, anti-oxidative and nutritive properties, Polygonum Bistorta Root Extract optimizes skin tone and the texture of the skin's surface, while Wild Rose Extract refines the pores.*

THE RESULTS | *The treatment nourishes the skin, and helps to restore a natural and healthy-looking glow*

- 45 minutes – 150 €

### SIGNATURE STURMGLOW

*The Signature #SturmGlow Facial combines thorough cleansing, exfoliation and extractions to leave the skin super clean and refreshed. It also includes Dr. Sturm's Signature Anti-Aging Massage; a unique combination of massage techniques which help increase blood and oxygen flow and tone and define the facial muscles for an instant, youthful-looking complexion.*

THE SCIENCE | *Long and short-chain Hyaluronic Acid molecules in the HYALURONIC AMPOULE are infused into the skin and*

*provide intensive hydration at both upper and deeper skin layers. The FACE CREAM RICH boosts moisture and antioxidants help restore and soothe the skin. Special massage techniques boost circulation, enhancing the production of collagen for effective skin repair.*

**THE RESULTS** | *This facial targets key areas of concern to instantly smooth fine lines, reduce puffiness, lift and define the cheekbones and jawline and give skin a youthful glow*

- 60 minutes – 225€

## **SUPER ANTI-AGING FACIAL**

*The Super Anti-Aging Facial replenishes moisture reservoirs resulting in a smoother and more youthful complexion, while promoting the skin's natural barrier function and reducing the appearance of fine lines and wrinkles.*

**THE SCIENCE** | *Long and short-chain Hyaluronic Acid molecules are combined with strong antioxidants and ingredients which help to repair damaged skin and support regeneration.*

**THE RESULTS** | *This facial visibly lifts the skin around the jaw and neck while reducing fine lines and reviving stressed skin.*

- 75 minutes – 300€

## **MEN'S FACIAL**

*Customized to the specific needs and challenges of men's skin, this treatment cleanses, tones, soothes and comforts irritated skin, especially after shaving. The Men's Facial removes rough or*



*dry skin and improves skin barrier function, while also fighting the signs of aging, under eye discoloration and puffiness.*

THE SCIENCE | *Long and short-chain Hyaluronic Acid molecules are combined with strong antioxidant ingredients that nourish damaged skin and support skin barrier function.*

THE RESULTS | *The skin emerges deeply cleansed, softer and brighter. It restores and calms the complexion to leave the skin looking revitalized and visibly reduces the appearance of deeper facial lines and wrinkles to which men are more prone.*

- 60 minutes – 225€

## REVITALIZING SCALP MASSAGE

*This pressure point scalp massage helps to relieve stress, reduce muscle tension and encourage blood circulation. Dr. Barbara Sturm's SCALP SERUM soothes the appearance of irritated skin and provides intense hydration. The treatment helps to promote naturally beautiful, shiny hair.*

THE SCIENCE | *An ingredient obtained from the Indian Kino Tree acts as an intensive anti-aging treatment on the scalp while a combination of ATP, Algin and Papaya Extract helps to restore the scalp's moisture balance. Dr. Sturm's proprietary blend of low and high molecular weighted Hyaluronic Acid drenches the scalp in lasting hydration.*

THE RESULTS | *Your scalp will feel soothed and nourished, while your mind will be deeply relaxed.*

- 10 minutes – 30€

## FOR HIM...

### Back and Neck

*An anti-stress massage performed with a specialized technique, focused on relaxing a specific area and giving immediate relief.*

- 25 min. - 60 €

### Signature Back - Face and scalp

*A ritual of excellence to create a sense of total well-being, a vigorous back massage followed by a personalized treatment for the face and scalp.*

- 60 min. - 150 €

*In line with contemporary expectations of beauty, rather than treatments, complete and sophisticated programmes for well-being.*

## SPA TREATMENT LA DOLCE VITA

*Let yourself be delighted by the new Dolce Vita Spa Experience. A Journey of well-being that enriches the steam bath with the application of a Savonage made of Bambù and pure Shea Butter for a particularly velvety skin followed by a full body massage with Gossypium Bio Oil.*

*To complete the experience, a facial massage for your physical and emotional well-being.*

- 120 min. - 110 €

# NAIL SUITE

## Spa Manicure

*A relaxing Spa Treatment, a complete, holistic and delicate hand care concept with natural products to pamper your skin and nails. Complete the experience with an application of nail polish chosen by you.*

- 50 min. – 60€

## Spa Pedicure

*A simple pedicure can turn into a relaxing Spa Treatment. Sensory foot bath and extremely nourishing products, regenerate and hydrate the skin. Thanks to the nature of the massage, it becomes a particularly suitable ritual for foot and dry and devitalized skin.*

- 60 min. - 80 €

## Sheelac

*Express Manicure with Sheelac*

- 30 min. - 50 €

*Express pedicure with Sheelac*

- 30 min. - 70 €

*Gel polish removal*

- 20 min. - 20 €

## Express Services

*Express Nail Polish*

- 20 €

*Express Manicure*

- 30 min. - 35 €

*Express Pedicure*

- 40 min. - 50 €

# WAXING

<i>Full leg waxing</i>	40 €
<i>½ leg waxing</i>	30 €
<i>Forearms waxing</i>	25 €
<i>Bikini line waxing</i>	25 €
<i>Armpit waxing</i>	15 €
<i>Upper lip and eyebrows waxing</i>	15 €
<i>Facial waxing</i>	20 €
<i>Back waxing</i>	40 €
<i>Abdomen waxing</i>	30 €

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# INFORMATIONS

**Try to be in time** - We kindly ask that you always arrive at least 5 minutes before the appointment, in this way you can start the treatment without any delay and completely relaxed. In case of your delay, you will be asked to reduce the duration of the treatment. **Health** - In case of health problems as allergies to some products or if you are pregnant, please tell us at the time of booking. Sun exposure is not recommended after any treatment. **Spa Etiquette** - We want to be an oasis for your peace of mind. This is why we kindly ask you to speak softly and to switch off your mobile phone. **Safety** - For their safety, we do not recommend that children under 5 years of age access the wellness area. **Personal objects** - Our Spa declines all responsibility for personal and valuable items lost or damaged during your stay at the Spa. **Cancellation policy** - Any cancellation must be communicated directly to the wellness center 12 hours before the treatment, otherwise 50% of the whole price will be charged.

*\* All treatments and massages described in this Menù are considered aesthetic*

- In order to guarantee the availability of the treatments we kindly ask you to book in advance*

- For information and reservation : 0541 5600 – internal number 763*

*Dolce Vita Spa is open everyday from 9 am to 8 pm*

*Beauty – Consultant – [wellness@grandhotelrimini.com](mailto:wellness@grandhotelrimini.com)*

Dolce Vita Gift is the perfect gift idea for any occasion, a precious and unforgettable certificate of well-being.

Choose the wellness experience you like most among our treatments, massages and stay packages. The Gift Voucher can be collected at reception or, if you prefer, we can send it by mail to the person receiving the gift.