

GRAND HOTEL

RIMINI

★★★★★L

*Dolce Vita*

BEAUTY & SPA



# *Dolce Vita*

BEAUTY & SPA

*Situated in an elegant and cosy ambience, Dolce Vita Spa offers many different rituals if you are looking for resting your body and soul in a sweet and muffled atmosphere.*

*We invite you to discover scented sensations, to awake your five senses, to transform a simple relax moment in an absolute well-being date.*

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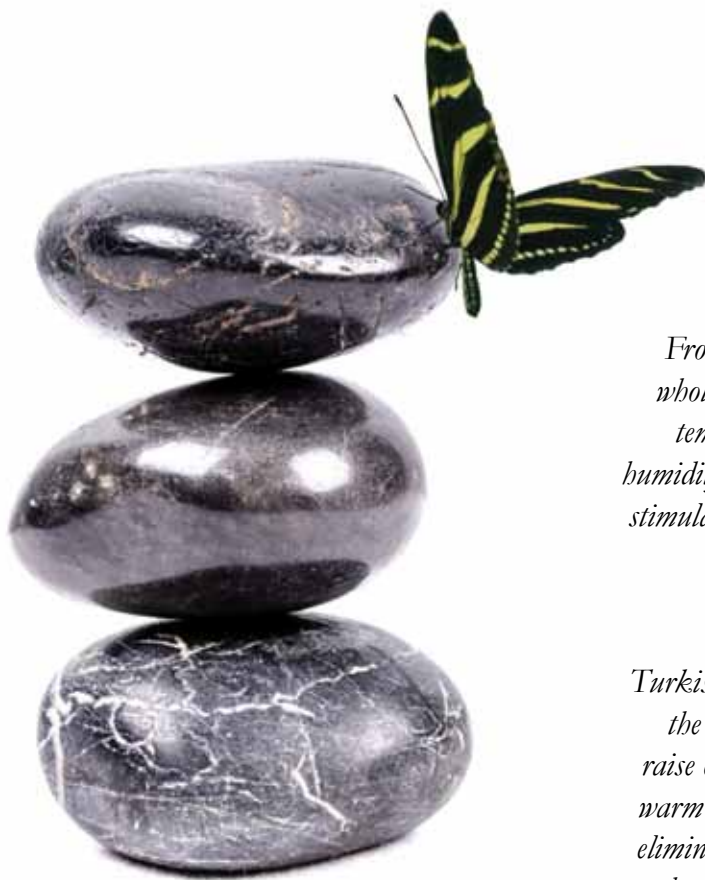
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A photograph of a spa lounge area. In the foreground, a large, ornate, dark brown ceramic vase with a geometric pattern stands on a tiled floor. Behind it, several lounge chairs with white cushions and rolled-up white towels are arranged. A large green plant is visible in the background on the left. The text is overlaid in the upper right corner.

## WELLNESS EXPERIENCE DOLCE VITA

*A total wellness programme to indulge in pleasure  
and forget the everyday stress.*

*Next to the fantastic heated pool let yourself be delighted  
by the unique flavours of our tea selection.*



### FINNISH SAUNA

*From its Scandinavian beginnings it has conquered the whole world. Even if the heat in the sauna can raise the temperature up to 100°C, thanks to the low level of humidity you will experience the feeling of a pleasant embrace, stimulating at the same time the body purification and a deep relax of all the muscles.*

### HAMMAM

*Turkish bath becomes a philosophy of life. In the Hammam the humidity reaches 100% and the temperature never raise over 50 °C. Here you are surrounded by impalpable, warm steam that decongest the lungs and helps your body to eliminate all the toxins. The circulation and the pressure of the blood benefit greatly from the high level of humidity.*



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## MASSAGES

### RELAXING MASSAGE

*Slow and rhythmic movements of the hand to reach the deepest relax sensation. The relaxing Relays oil, thanks to its formula calms the body and the mind, soothes the stressed skin, releases tension and restores peace and quiet.*

- 50 min. - 75 €

### DEEP TISSUE MASSAGE

*Intense massage to relieve pain and muscle tension, helping to restore comfort and freedom of movement.*

- 50 min. - 90 €

### DRAINING MASSAGE

*It is a sequence of delicate, slow and rhythmic movements that reduces water retention, favoring a pleasant feeling of light legs.*

- 50 min. - 80 €

### TONING MASSAGE

*This massage, combined with specific products, is indicated to correct various types of imperfections, concentrating on the legs, abdomen and buttocks. Stimulating and invigorating for the skin, circulation and muscles.*

- 50 min. - 80 €

### FEET MASSAGE

*The unheard message of our feet...*

*This technique consists in stimulating with the inch all the points of the feet, which consequently correspond to our internal organs, reducing stress, improving circulation and facilitating the release of muscular tension.*

- 25 min. - 50 €
- 50 min. - 90 €

*A natural choice: for our treatments and massages we use only products with biocertificated formulations.*

### LYMPHATIC DRAINAGE MASSAGE

*To stimulate the lymphatic system by improving lymph circulation. It helps the elimination of liquids that stagnate under the skin and promotes the relaxation of muscle fibers. At the end of treatment, the body acquires lightness and appears visibly reshaped.*

- 60 min. - 90 €

### MASSAGE WITH HERBAL PADS

*Massage with aromatic herbs and precious oils pads, herbal synergies and noble pure essential oils. It can be personalized according to your body needs: regenerating, detoxifying, revitalizing.*

- 50 min. - 110 €

### HOT STONE MASSAGE

*It combines various manual massage techniques with the use of hot lava stones, bringing you to a state of deep relaxation. This treatment is highly effective in creating harmony and energy flow.*

- 50 min. - 90 €

*A journey around the world looking for a perfect harmony of mind, body and soul*





## EXPRESS MESSAGES

### WELCOME DOLCE VITA

*Massage focused on relaxing the back muscles. It gives immediate relief to all the contracted areas of the back.*

- 25 min. - 50 €

### LIGHT LEGS

*Specific draining massage in order to find light and regenerated legs.*

- 25 min. - 50 €

### FACIAL LYMPH DRAINAGE

*A massage to counter swellings and blemishes while restoring tone, shine and elasticity to the delicate skin of the face. Combines manual decongestants with the use of a mix of essential oils and plant extracts with a powerful synergistic action.*

- 25 min. - 50 €

*A relaxing  
break, focused  
on specific  
areas*





## BODY TREATMENTS

### DOLCE VITA SOFT

*A journey of well-being that begins with an aromatic steam bath that warms the skin, favoring the expansion of the pores. Light and moisturizing, it combines a delicate exfoliation of the body with the soft movements of a regenerating massage with pure shea butter for a pleasant sensation of lightness and brightness.*

- 60 min. - 90€

### EXFOLIATING TREATMENT

*Scrub Salino Officinalis benefits circulation and thanks to its strong emollient power, leaves the skin of the body soft and velvety.*

- 30 min. - 45 €

### DETOX ZONE

*Specific for rebel areas, a treatment personally dedicated to each customer. A wrapping with natural thermal mud with purifying and stimulating properties followed by a personalized massage.*

- 60 min. - 90 €

### FIRMING AND TONING

*Firming and toning treatment in order to prevent skin relaxation and useful to increase skin elasticity.*

- 50 min. - 90 €

*Personalized rituals will lead you to discover special relax moments of absolute well-being.*





## FACIAL TREATMENTS

### ESSENTIAL

*A treatment that turns facial cleansing into a wellness ritual for perfectly prepared skin. An essential step that respects the nature of each skin and perfects the results of the usual beauty rituals.*

- 55 min. - 75 €

### HYDRA – PLUMPING

*A facial treatment that combines ultra comfortable textures and latest generation moisturizing active ingredients to flood the skin with well-being and guarantees a feeling of absolute hydration.*

- 75 min. - 90 €

### LUXURY SKIN

*A Treatment par excellence, focused both on sensory and effective active ingredients for an immediate plumping experience: an unforgettable wellness experience.*

- 90 min. - 150 €

### JEUNESSE – TRI COMPLEX

*A facial treatment aimed to fight the oxidative stress and the signs of the skin aging.*

- 75 min. - 110 €

### ANTI – AGING EYE CONTOUR

*It's all about eyes...*

*Specifically designed for the eye contour area, it stimulates the circulation allowing you to immediately relieve the signs of fatigue and aging..*

- 55 min. - 65 €

CAN BE COMBINED WITH ANY FACIAL TREATMENTS 45 €



## FOR HIM...

### BACK AND NECK

*An anti-stress massage performed with a specialized technique, focused on relaxing a specific area and giving immediate relief.*

- 25 min. - 50 €

### DETOXIFYING FACIAL

*Relaxing massage, gommage and wraps customize with men's scents and anti-aging serum specific for men's skin.*

- 25 min. - 55 €

### SIGNATURE BACK - FACE AND SCALP

*A ritual of excellence to create a sense of total well-being, a vigorous back massage followed by a personalized treatment for the face and scalp.*

- 60 min. - 110 €



*In line with contemporary expectations of beauty, rather than treatments, complete and sophisticated programmes for well-being.*





## SPA TREATMENT LA DOLCE VITA

*Let yourself be delighted by the new Dolce Vita Spa Experience. A Journey of well-being that enriches the steam bath with the application of a Savonage made of Bambù and pure Shea Butter for a particularly velvety skin followed by a full body massage with Gossypium Bio Oil.*

*To complete the experience, a facial massage for your physical and emotional well-being.*

• 120 min. - 110 €





## NAIL SUITE

### SPA MANICURE

*A relaxing Spa Treatment, a complete, holistic and delicate hand care concept with natural products to pamper your skin and nails. Complete the experience with an application of nail polish chosen by you.*

- 60 min. - 45€

### SPA PEDICURE

*A simple pedicure can turn into a relaxing Spa Treatment. Sensory foot bath and extremely nourishing products, regenerate and hydrate the skin. Thanks to the nature of the massage, it becomes a particularly suitable ritual for foot and dry and devitalized skin.*

- 60 min. - 60 €

### GEL POLISH

*Express Manicure with gel polish*

- 25 min. - 45 €

*Express pedicure with gel polish*

- 30 min. - 65 €

*Gel polish removal*

- 10 min. - 10 €

### EXPRESS SERVICES

*Express Nail Polish*

- 15 €

*Express Manicure*

- 30 min. - 30 €

*Express Pedicure*

- 30 min. - 40 €



## WAXING

<i>Leg and bikini line waxing</i>	55 €	<i>Armpit waxing</i>	15 €
<i>1/2 Leg Waxing</i>	30 €	<i>Upper lip and eyebrows waxing</i>	15 €
<i>Forearms waxing</i>	25 €	<i>Back waxing</i>	30 €
<i>Bikini line waxing</i>	25 €	<i>Abdomen waxing</i>	30 €

## INFORMATIONS

**TRY TO BE IN TIME** - We kindly ask that you always arrive at least 5 minutes before the appointment, in this way you can start the treatment without any delay and completely relaxed. In case of your delay, you will be asked to reduce the duration of the treatment.

**HEALTH** - In case of health problems as allergies to some products or if you are pregnant, please tell us at the time of booking. Sun exposure is not recommended after any treatment.

**SPA ETIQUETTE** - We want to be an oasis for your peace of mind. This is why we kindly ask you to speak softly and to switch off your mobile phone.

**SAFETY** - For the safety and tranquility of the clients, children under 16 cannot access the wellness program. Children aged 16 to 18 are welcome, but must be accompanied by an adult in the wellness areas.

**PERSONAL OBJECTS** - Our Spa declines all responsibility for personal and valuable items lost or damaged during your stay at the Spa.

**CANCELLATION POLICY** - Any cancellation must be communicated directly to the wellness center 12 hours before the treatment, otherwise 50% of the whole price will be charged.

*\* All treatments and massages described in this Menù are considered aesthetic*

- In order to guarantee the availability of the treatments we kindly ask you to book in advance*
- For information and reservation : 0541 5600 – internal number 763*

*WINTER TIME : everyday from 10 am to 8 pm - SUMMER TIME: everyday from 9 am to 8 pm*

*Beauty – Consultant – [wellness@grandhotelrimini.com](mailto:wellness@grandhotelrimini.com)*





Dolce Vita Gift is the perfect gift idea for any occasion, a precious and unforgettable certificate of well-being. Choose the wellness experience you like most among our treatments, massages and stay packages. The Gift Voucher can be collected at reception or, if you prefer, we can send it by mail to the person receiving the gift.





THE PERFECT EXPERIENCE *Batani*



BATANI  
*Select Hotels*

Grand Hotel Rimini \*\*\*\*\*L - Parco Federico Fellini - 47921 Rimini RN  
Tel. +39 0541 56000 - Fax +39 0541 56866 - [info@grandhotelrimini.com](mailto:info@grandhotelrimini.com) - [www.grandhotelrimini.com](http://www.grandhotelrimini.com)

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