





REDISCOVER THE BALANCE BETWEEN BODY AND MIND.
AN AUTHENTIC EXPERIENCE WHERE NATURE AND WELLNESS COME TOGETHER.



Exclusive Rituals

Unique sensorial experiences to enjoy alone, as a couple, or with loved ones:
step into a world where time stands still.

Facial Treatments

Restore your natural glow with treatments
designed to enhance your authentic beauty.

Body Treatments

Reshape, regenerate, rebalance:
targeted treatments for a body in perfect harmony.

Face & Body Treatments

Complete wellness in a single experience:
true beauty begins with balance—of mind, body, and soul.

Massages

Through skilled hands and traditions that blend East and West,
rediscover harmony, breath, and lightness.

Beauty

Where beauty is found in the little details.

General Information

Everything you need to know to make the most of your wellness journey.

Spa Etiquette

Simple guidelines that help make Schloss Spa a peaceful place for everyone.



EXCLUSIVE RITUALS

Little Princess - Velvety Manicure & Personalized Facial Treatment.

For little girls under 14 years old.

60' – 90 CHF

Dry Float - The body floats on warm water, without the need to undress or get wet. A deeply relaxing experience that promotes physical and mental recovery through the sensation of suspension and weightlessness.

30' – 40 CHF / whit draining wraps 45' - 80CHF

Dry Brushing - Dry brushing promotes exfoliation, stimulates microcirculation, and improves skin tone and texture, leaving it soft and smooth. It also acts as an anti-stress ritual by activating the metabolism through skin nerve endings.

25' – 70 CHF / with massage 50' – 125 CHF / 75' – 175 CHF

(includes take-home body brush)

Dry Float & Brushing - A regenerating ritual that combines the suspended lightness of Dry Float with the revitalizing power of Dry Brushing. A complete sensorial experience to detox, energize the skin, and restore inner balance.

50' – 100 CHF (includes take-home body brush)

Family Massage - A special moment to share relax and connection between parent and child, in a Double Room reserved for one adult and one child (up to 14 years).

45' – 160 CHF

Custom Treatment - A fully tailored treatment designed to address specific skin needs or body tensions, for a highly personalized and effective result.

To be defined during consultation





FACIALS



FACIALS

Essential Men – Purifying and anti-aging facial treatment.

Deeply cleanses the skin, removing impurities and oxidized cells. Reduces signs of aging for a refreshed and revitalized appearance.

50' - 105CHF

Ultrasound Purification – Deep facial cleansing using ultrasound technology to remove impurities, leaving the skin fresh and radiant. Suitable for all skin types and ideal for seasonal skin transitions.

50' - 110CHF

Crystal Face – An energizing and regenerating treatment using natural crystals (rose quartz, clear quartz, amethyst) to stimulate facial energy and promote emotional and skin balance.

60' - 120CHF / with full treatment 80' - 160CHF

Ko Bi Do The Massage of Eternal Youth - A traditional Japanese technique that stimulates skin rejuvenation through techniques that help tone the tissues and provide an immediate lifting effect.

50' - 120CHF/ with full treatment 80' - 160CHF

Sensory Calm – A soothing and antioxidant treatment designed to calm blushing and irritation, strengthen the skin barrier, and restore comfort to the most sensible skin types.

50' - 150CHF

Wellness Cleansing Ritual – A cleansing ritual that combines deep cleansing with a relaxing massage to renew and tone the skin of the face, neck and décolleté.

75' - 150CHF

Pure Balancing – A purifying treatment ideal for oily or acne-prone skin. Helps re-balance sebum production, reduce imperfections, and balance the skin's microbiota.

50' - 150CHF



FACIALS

Hydra Perfection – Restores the skin's optimal hydration level thanks to hyaluronic acid, leaving it soft, elastic, and glowing.

50' - 180CHF

Acid Infusion – An advanced exfoliating treatment with Alpha hydroxy acids, designed to renew the skin's surface and improve complexion.

Recommended for skin with discoloration or uneven tone.

50' - 190CHF / *with collagen sheet 210CHF

Filler Code – A filling treatment that targets all types of wrinkles—superficial, deep, expression lines, and stress-induced. Stops the passing of time with visible, rejuvenating results.

50' - 190CHF

Pro Cellular – A targeted solution for all delicate and sensitized skin types—whether naturally fragile, age-related, or affected by aesthetic procedures.

Skin is soothed, regenerated, and visibly stronger and more protected.

50' - 190CHF

Caviar Treatment by Janssen – A luxurious treatment with caviar extract and powerful anti-aging active ingredients. The intensive effects reveal a silky, elastic, and more youthful-looking complexion.

50' - 200CHF

The Gold – An exclusive illuminating and anti-aging treatment with 24-carat pure gold leaf, known for its regenerating properties, to restore tone and radiance of the skin.

75' - 250CHF

Water-bed extra charge 15CHF



BODY

Pink Salt Rebalance – Exfoliating, smoothing, and detoxifying ritual with Himalayan pink salt and precious vitamin E oil. Stimulates microcirculation and leaves the skin silky and radiant.
50' - 120CHF

Body Vitality – Renewing treatment with hyaluronic acid. Improves skin tone and flexibility, providing deep hydration and nourishment to the skin.
50' - 120CHF

Oriental Powders – A detoxifying ritual using natural powders inspired by Oriental traditions to help remove toxins and revitalize the skin.
50' - 120CHF

Detox Body Ritual – Revitalizing ritual using natural powders inspired by oriental tradition to promote toxin elimination and revitalize the skin with a sculpting effect.
50' - 120CHF

Draining Treatment – An intensive treatment that purifies the body, stimulates circulation, and promotes toxin elimination. The skin appears more radiant, soft, and oxygenated.
50' - 120CHF / 75' - 190CHF

Water-bed extra charge 15 CHF



FACIAL & BODY

New Skin – An exfoliating and renewing treatment that gives to the skin of the face and body a smooth, radiant, and velvety appearance.

80' - 170CHF

Oriental Powders – Revitalizing ritual using natural powders inspired by oriental tradition to promote toxin elimination and revitalize the skin with a sculpting effect.

80' - 180CHF

Stone Massage – A treatment performed with warm volcanic stones to promote muscle relax and deep sensory wellbeing.

80' - 200CHF

Pindasweda – An ancient Ayurvedic treatment performed with warm herbal pouches that relax the muscles, detoxify the tissues, and restore the balance of vital energies.

80' - 210CHF





MASSAGES



MASSAGES

Cocco Massage – A gentle and natural massage designed for our young guests under 12. Coconut oil and aloe soothe and relax the delicate skin of little ones.
25' - 60CHF

Schloss Relax – An enveloping massage that promotes deep relax. Performed with organic natural oil and calming essential oils.
gambe o schiena 25' - 60CHF / total body 50' - 110CHF

Mother-to-Be Massage – A massage for legs and back, designed to relieve muscle tension, improve circulation, and enhance the wellbeing of expectant mothers.
50' - 120CHF

Sport Massage – A specific massage designed to reduce muscle tension, ideal for those who engage in regular physical activity.
25' - 70CHF / 50' - 120CHF / 75' - 180CHF

Postural Massage – A technique focused on postural realignment, ideal for relieving chronic tension and improving body alignment.
50' - 120CHF

Draining Massage – This massage stimulates lymphatic circulation and helps eliminate excess fluids.
50' - 120CHF

Back&Feet Reflexology – A treatment that stimulates reflex points on the feet and back corresponding to internal organs, aiming to restore psycho-physical energy balance.
50' - 120CHF / only feet 25' - 65CHF / back, foot and face 75' - 190CHF



MASSAGES

Cupping – An ancient Oriental technique using special cups to stimulate circulation, release tension, and promote the removal of toxins.

50' - 120CHF

Ayurveda Classic – A holistic massage inspired by Ayurvedic medicine, performed with warm oils to harmonize body, mind, and spirit.

50' - 120CHF / 75' - 190CHF

Lomi Lomi in water-bed – Hawaiian massage performed on a massage water-bed that amplifies the relax. The fluid, rhythmic movements relieve tensions, promoting a deep sense of peace and well-being.

50' - 130CHF / 75' - 190CHF

Ayurveda Pindasweda – An Ayurvedic massage with warm herbal compresses to release gained tension from the body.

50' - 150CHF

Double Schloss – Couples' relaxing massage with organic natural oil and calming essential oils, in a private Double Room.

50' - 180CHF

Ayurveda/Sport Double – Ayurvedic or couple's sports massage, in a private Double Room

50' - 240CHF / 75' - 380CHF



BEAUTY

Manicure without nail polish 30' - 50CHF

Manicure with Nail Lacquer application 45' - 60CHF

Manicure with Semi-permanent nail polish application 50' - 80CHF

Manicure Spa with Velvety Treatment 50' - 95CHF

Semi-permanent nail polish Removal 15' - 20CHF

Pedicure without nail polish 45' - 60CHF

Pedicure with Nail Lacquer application 50' - 80CHF

Pedicure with Semi-permanent nail polish application 60' - 105CHF

Pedicure Spa with Velvety and Smoothing Treatment 50' - 120CHF

Traditional&Brazilian face/body Hair Removal
starting from 20CHF



GENERAL INFORMATION

- Schloss Spa is located on floor -4 inside the Schloss Hotel Pontresina.
- We are open daily from 9:00 AM to 8:00 PM.
- A dedicated nudist area is available within the spa zone.
- From 9:00 PM to midnight, it is possible to reserve the entire spa for exclusive use.
- Reservations are required for all spa services.
- Spa access includes a wellness kit: bathrobe, towel, and slippers.
- Customized packages with tailored treatments are available upon consultation.



SPA ETIQUETTE

- To preserve the relaxing atmosphere of the spa, we kindly ask you to speak softly and keep your phone on silent mode.
- Smoking is strictly prohibited throughout the spa area, including electronic devices.
- Food and beverages are not allowed in any part of the spa.
- Please shower before using any spa facilities.
- Sun loungers may not be reserved with towels or personal belongings. Our staff is authorized to remove any unattended items if necessary.
- Nudist Area: In line with the philosophy of natural wellness, the use of swimwear is not permitted in this area.
- Other areas of the spa: Swimwear is mandatory in this zone, in accordance with hygiene standards and out of respect for the privacy of all guests.
- Children under 14 are welcome in the spa only in the morning until 10:30 AM, and must always be accompanied by an adult. They are welcome to enjoy the indoor pool on the 1st floor during regular opening hours.
- We have both male and female therapists. If you have a preference, please let us know at the time of booking—we'll be happy to accommodate you.
- Please arrive 10 minutes before your appointment. In case of delay, the treatment duration will be reduced accordingly.
- Cancellations must be made at least 24 hours in advance. Late cancellations will be fully charged.
- If you are pregnant or have any allergies, kindly inform us when booking.
- Please avoid wearing jewelry or makeup, as they may need to be removed for certain treatments.

Thank you for your cooperation.



PANORAMIC VIEW





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