



TREATMENT
LIST

Rubia

SPA

Body Treatments

DRAINING TREATMENT

Comprehensive treatment including: 30-minute scrub, mud, and draining massage for abdomen, legs, and glutes.

Relaxes the joints, tones the body, suitable for swelling, edema, and water retention.

A sensory explosion reminiscent of Mediterranean aromas, with lymphatic draining action.

80' €130,00

DECONGESTANT FOR LEGS

Comprehensive treatment including a 20-minute scrub and localized leg massage.

Improves microcirculation, provides lightness to the legs, reduces fluid stagnation, and promotes waste elimination. A gentle exfoliation followed by the application of regenerating creams with draining effects.

60' €95,00

DECONTRACTING TREATMENT

Comprehensive treatment including a 30-minute scrub and massage.

Relieves tension, invigorates body and mind during moments of emotional and physical stress. You will feel your skin "breathe" again thanks to the energy of the black salt, enhanced by the freshness of Patchouli & Sandalwood essential oils. Its action is deep, intense, and well tolerated.

60' €95,00

SELF-MASSAGE SCRUB IN THE HAMMAM

€15,00

Facial Treatments

Anti-age, lifting effect

Nourishes, illuminates and firms the tissues. Stimulates active lifting, redensifying the facial oval. Stabilized Hyaluronic Acid, Reverskin[®], and Liftiss[®] regenerate the skin.

Suitable for all seasons and all skin types.

60' €120,00

Illuminating, purifying, anti-inflammatory

Illuminating treatment that enhances tanning, based on Vitamin C. Provides deep hydration, elasticity, and luminosity to the skin.

50' €95,00

Including Vaporization

60' €110,00

For Sensitive Skin

Detox treatment, nourishes, repairs, and revitalizes, for undernourished, dry, stressed and tired skin.

50' €95,00

For Dehydrated skin

Indicated for dehydrated and dull skin. It gives firmness, luminosity, and deep skin hydration. Also suitable for men

50' €95,00

Massages

RELAX AROMATOUCH - Total Body

The synergy of essential oils combined with a sequence of slow and deep maneuvers will lead you on an emotional journey and a state of deep relaxation.

30' €55,00

45' €75,00

60' €90,00

Localized

Face, neck and décolleté or feet, ankles, and calves

15' €30,00

Back

20' €35,00

4 HANDS RELAXATION - Total Body

Harmonized manual technique performed by two operators, creating a relaxing and continuous rhythmic flow. Broad and enveloping movements regenerate and calm the nervous system, alleviate stress, improve circulation, and enhance sleep, leaving a deep sense of tonicity and relaxation.

40' €130,00

IL PICCIOLO - Taylor-made Massage

45' €95,00

60' €125,00

DEEP MASSAGE

Improves muscle mobility in the area affected by contractures, reduces tension and stiffness.

30' Back and legs €70,00

45' - Total Body €95,00

60' - Total Body €125,00

Massages

LYMPHATIC DRAINAGE

Aims to facilitate the flow of stagnant organic fluids and the reabsorption of edema, providing an immediate feeling of lightness.

CONTRAINDICATIONS

Acute inflammation, tumors, heart failure, asthma, hypo-hypertension, menstrual cycle, hyperthyroidism, first two months of pregnancy.

30' Abdomen, legs, and glutes €60,00

60' - Total Body €110,00

CALIFORNIAN - Total Body

This technique promotes relaxation of both body and mind through gentle strokes and pressure, stimulating nerve endings and vital energies. It is effective against stress-related conditions such as back pain, headaches, gastritis, colitis, hypertension, and asthma.

45' €100,00

LOMI LOMI (Waves of the Sea) - Total Body

An ancient Hawaiian holistic massage, Lomi Lomi aims to recreate harmony, much like the waves of the Pacific caressing the Hawaiian shores.

45' €100,00

CANDLE MASSAGE

Special vegetable candles are used in this massage. Their lower melting point (around 45°C) allows you to enjoy the beneficial properties of warmth without the risk of burns. It relieves muscle tension and contractions, leaving the skin softer, hydrated, and more elastic. An extremely deep multisensory experience.

45' €110,00

60' €130,00

Massages

PINDASWEDA

An ancient Ayurvedic massage originating in India, Pindasweda involves using herbal bundles (Pinda) to promote sweating (Swenda). These bundles release active herbal compounds while combining the beneficial heat of oil and the relaxing effects of aromatherapy from aromatic herbs.

45' Total Body €110,00

HOT STONE

The Hot stone massage reduces arthritis and rheumatism pain, aids toxin elimination, relaxes muscles, and increases oxygen flow in the body.

30' Localized back €70,00

60' Total Body €130,00



Wellness Programs

WELLNESS PATH

including: sauna, Turkish bath, emotional showers, Kneipp path, hydrotherapy pool with cervical fountains, fitness room and herbal tea area.

(Compulsory non-slip slippers and swim cap which can also be purchased on site, access prohibited to children under 16, reservations required)

2h € 50,00

KIT (bathrobe, towel, swim cap and flip flops)

included

ACCESS TO THE GYM

€15,00



Beauty Treatments

AESTHETIC MANICURE

€25,00

AESTHETIC PEDICURE

€40,00

PARTIAL LEG WAXING

€20,00

FULL LEG WAXING

€35,00

PARTIAL BIKINI WAXING

€15,00

TOTALE BIKINI WAXING

€25,00

BACK WAXING

€20,00

UNDERARM WAXING

€10,00

ARMS WAXING

€20,00

UPPER LIP EPILATION

€10,00

EYEBROW EPILATION

€10,00



Etiquette

To fully enjoy your SPA experience in complete relaxation, please silence your mobile phone and maintain a low speaking voice.

TREATMENTS

It is advisable to arrive at the SPA at least 5-10 minutes before each treatment.
Arriving late will reduce the time available for your treatment.

CANCELLATIONS

You can cancel up to 24 hours before your scheduled appointment; afterward, the full amount of the treatment will be charged.

WELLNESS HOURS

MONDAY TO SUNDAY: 10.00 - 20.00

FITNESS HOURS

MONDAY TO SUNDAY: 07:00 - 21:00





Rubia
SPA

SS 120 km 200 - 95012 Castiglione di Sicilia (CT)

tel +39 0942 986384

spa@ilpiccioloetnagolfresort.com

www.ilpiccioloetnagolfresort.com

powered by
Sicilia's
L'ISOLA CHE PIACE
