

Treatments and massages

Welcome to the treatments and massages section of our Spa, an oasis of relaxation and well-being designed to regenerate mind, body and spirit.

FACIAL TREATMENTS (50min.)

Grand Classique

Deep cleansing aromatic treatment in 5 exclusive phases

€70

Essence

Super hydrating treatment with double hyaluronic acid
or with probiotics for sensitive skin

€75

Vitamins C25

Anti-oxidant treatment, for perfect skin with an even complexion

€80

WELLNESS & RELAX

Escapade Provencale - Detox Treatment (50 min)

Scrub with bamboo powder and apricot kernels + hydration

€70

Delice de Corse - Vitality Treatment (50 min)

Two sugar scrub + revitalizing massage and finger pressure on hands and feet

€70

Balade en Foret - Modeling Treatment (50 min)

Sea salt scrub + toning massage with bamboo modeling techniques

€70

Voyage to Polynesia - Relax Treatment (50 min)

Two sugar scrub + back massage with hot stones

€70

BODY SCRUB (30 min.)

Gommages Douceur

Scrub - Grade - 1 Moisturizing with Bamboo Powder and Apricot Kernels -
Sensitive Skin

€40

Gommages Gourmand

Nourishing scrub with two sugars - Grade 2 - dry and devitalized skin

€40

Gommages Marin

Mineralizing scrub with sea salt and algae - Grade 3 - atonic and asphyxiated
skin

€40

BODY SPECIFICS TREATMENT (50 min.)

Hydralessence Corps - Moisturizing Treatment

Intense hydration treatment, makes the skin soft and elastic

€80

Phyto Fermeté - Firming Treatment

Firming treatment with aromatic wrapping and specific toning techniques

€80

MASSAGES (50 min.)

Signature Massage Garda Lake

Olive oil and cedar and lemon fragrances for a sensorial and enveloping
massage

€80

Aroma Lux Massage

Specific manual techniques for a draining and relaxing massage

€70

Aroma Sculptant

Silhouette shaping massage aided by bamboo on the legs

€70

Aroma Relax

Relaxing massage with decontracting techniques and hot stones on the back

€70

Aroma Energy

Re-balancing massage with energizing acupressure techniques on hands and
feet

€70

Localized Massage

Back, neck, head and feet or abdomen, legs and feet

€50



We use Yon-ka Paris products in our Spa.

Each Yon-Ka treatment is a subtle alchemy between the exceptional properties of the products
and the expert hands of the beauty therapist, exclusive methods and special rituals with a
personalised holistic approach.

MONASTERO
RESORT & SPA

Soiano del Lago